

### Grocery Run Frequently Asked Questions

How can I access the Grocery Run?	<p>The Grocery Run is a food access program for existing MCHB clients. Each client accessing the Grocery Run is connected with a Broker that is supporting with additional key areas of health and wellbeing. Please contact our main office for more information on program capacity, eligibility and for more resources and support.</p> <p>P: <a href="tel:7804231973">(780) 423-1973</a></p>
Where does the food come from?	<p>Grocery Run operates using a combination of food rescue and food purchasing from food suppliers and producers.</p> <p>Edmontons Food Bank and Leftovers Edmonton Foundation supply approximately 50% of Grocery Run hamper contents.</p> <p>Working with donors and funders we purchase food high up the food supply chain to ensure our food hampers have adequate food and include essential fruits and vegetables.</p>
Why is culturally relevant food important?	<p>Culturally acceptable or appropriate food means foods that are familiar, often consumed by various cultures or in line with cultural preferences. Fulfilling requests for culturally appropriate food is a common challenge among many charitable food organizations. Our close partnership with the Edmonton Food Bank and Leftovers Foundation has been instrumental in adequately responding to the unique cultural food needs of our communities. For example, we work closely with both organizations, our families and brokers to identify specific food items. In doing so we can better leverage our partnership to maximize food donations and further reduce food waste by ensuring that the food that families receive they know how to cook, consume and enjoy.</p> <p>More deeply culturally appropriate food also points to the richness and complexity of food.</p>
Can I donate food to the Grocery Run?	<p>The Charitable Food Donation Act waives any potential liability from a donor as long as the food is considered safe for human consumption. Please contact us for more information.</p>
Does Grocery Run receive government funding?	<p>No, the Grocery Run and MCHB's food security work is not government funded. We rely on the generous support of volunteers and donors to operate and sustain our work.</p>
Other questions? Contact us!	<p>E: <a href="mailto:Groceryrun@mchb.org">Groceryrun@mchb.org</a> P: 780-217-5449</p>